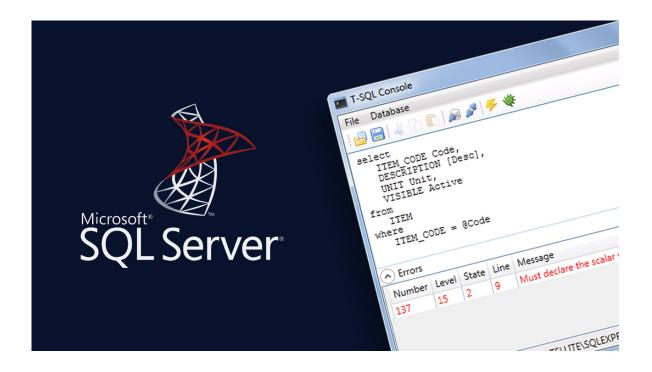


Document Generated: 12/15/2025 Learning Style: Virtual Classroom

Technology: Microsoft
Difficulty: Intermediate
Course Duration: 5 Days

# Microsoft SQL Server 2014 Performance Tuning and Optimization (MS-55144)



# About this course:

A training program of MS SQL Server shows the realistic and usable methods and skills that can be applied right from the beginning in the workplace. Applicants will explore about SQL Server architecture, optimization of transaction log operations, tempdb, statistics and indexing techniques, blocking and locking, configuration of data files, and transactions. This Information Technology operation program also gives students the useful opportunity to discover how to examine and understand

workload, and determine problem Creation Avenue, in order to learn how to create benchmark and baselines SQL Server performance, and eventually how to fix them. Top line methodologies and technologies are also addressed alongside stored procedures, like in-memory tables.

# **Course Objectives:**

After this online training course student have an expertise to:

- Understanding of memory optimized tables, startup stored procedures, transactions, SQL Server locking architecture, Activity monitor, SQL on virtual machine, partitioned tables and indexes, histogram, incremental statistics, statistics maintenance plan, tables and indexes, natively compiled stored procedures, index best practices, indexed best views, indexes and page splits, Analyze Migrate Report tool, Database Tuning Advisor and many more.
- · Perform and understand instant file initializing process
- Use Transact-SQL for monitoring SQL
- Operate and install templates for slow paced queries
- · Identify blocked and deadlocks processes by using profiler
- Create and deploy plan guides
- · Create plans by authorizing SQL Profiler

# Audience:

The program is specifically intended to target SQL database managers and administrators, who seek to achieve their SQL Server's maximum performance. The responsibility of these managers and administrators is also to create queries against the data while maintaining the optimal implementation of the required workload.

The training also encourages app developers engaged in creating content primarily via SQL server DB.

# **Prerequisite:**

- · Fundamental knowledge of DB maintenance, administration, and transact-SQL
- Deep understanding of Microsoft Windows OS and its hands-on implementation

# **Suggested Prerequisite Course:**

- -MS-20761 MS Transact-SQL: Querying Data
- -MS-20764 MS SQL Server DB Infrastructure: Administration

# **Course Outline:**

# **Module 1: Course Overview**

This module explains how the class will be structured and introduces course materials and additional administrative information.

#### Lessons

- Introduction
- Course Materials
- Facilities
- Prerequisites
- What We'll Be Discussing

#### Lab: Course Overview

- None
- Successfully log into their virtual machine.
- Have a full understanding of what the course intends to cover.

# Module 2: SQL 2014 Architecture

In this module, we will examine the new Cardinality Estimator, explore memoryoptimized tables, and explain how SQL both stores and locates data.

- The New Cardinality Estimator
- Memory-Optimized Tables
- Understanding Performance for Developers
- Understanding Startup Parameters
- Startup Stored Procedures
- Database Structures
- Instant File Initialization
- How SQL Stores Data
- How SQL Locates Data

#### Lab: SQL 2014 Architecture

- Configuring Compatibility Level
- Startup Parameter
- Startup Stored Procedure
- Instant File Initialization
- Understand and utilize the new Cardinality Estimator.
- Understand and utilize memory-optimized tables.
- Understand performance.
- Understand and utilize startup stored procedures.
- Understand database structures.
- Understand and utilize Instant File Initialization.
- Understand how SQL stored data.
- · Understand how SQL locates data.

# **Module 3: The Database Engine**

The SQL Server Database Engine is split into two major components, which are the storage engine and the relational engine. The relational engine is also called the query processor which is a more descriptive term for what it actually does. In this module, we explore how the engines works, and cover concepts that will help you to understand their behavior.

- ? Four Important Concepts
- ? Temporary Tables Internals
- ? Concurrency
- · ? Transactions
- ? Isolation Levels
- ? SQL Server Locking Architecture
- ? SQL and Storage Area Networks (SAN)
- ? SQL on VMs
- ? SQLIO Utility
- ? Partitioned Tables and Indexes

# Lab: The Database Engine

- Table-Valued Parameter
- Transactions
- Vertically Partitioned Table Using Code
- Partitioning with Filegroups
- Partitioning Wizard
- Understand temporary table internals.
- · Understand and utilize table valued parameters.
- Understand concurrency.
- Understand and utilize transactions.
- Understand isolation levels.
- Understand and utilize SQL Server locking architecture.
- Understand SQL and Storage Area Networks (SAN).
- Understand and utilize SQL on virtual machines.
- · Understand SQLIO Utility and its uses.
- Understand and utilize partitioned tables and indexes.

# **Module 4: SQL Performance Tools**

SQL provides a number of robust monitoring tools and in this module we explore the tools available and explain what they are designed to do.

#### Lessons

- The Resource Governor
- · Activity Monitor
- Live Query Statistics
- Monitoring SQL with Transact-SQL
- Dynamic Management Objects (DMOs) and Performance Tuning

#### Lab: SQL Performance Tools

- Resource Governor
- Activity Monitor
- sp\_who2
- Performance DMVs
- Understand and utilize the Resource Governor.
- Understand and utilize Activity Monitor.
- Understand Live Query Statistics.
- · Understand how to monitor SQL using Transact-SQL.
- Understand and utilize performance DMVs.

# **Module 5: Query Optimizing and Operators**

SQL Server query optimization remains a very important part of today's database applications. In this module we examine the tuning process, options for troubleshooting, execution plans, Performance Monitor, and much more.

#### Lessons

- Tuning Process
- Performance Monitor Tool
- SQL Query Processing Steps
- Understanding Execution Plans
- SET STATISTICS TIME and SET STATISTICS IO
- Data Access Operators
- Troubleshooting Queries

# **Lab: Query Optimizing and Operators**

- ? Performance Monitor (perfmon)
- ? Estimated vs Actual Plans and XML Plans
- ? Viewing a Non-Trivial Execution Plan
- ? SET STATISTICS TIME and SET STATISTICS IO
- ? Data Access Operators
- ? DMVs
- ? View Information About Extended Events
- ? Wizard Templates
- · ? Creating a Session Without a Wizard
- ? Configuring MDW and Viewing Reports
- Understand the tuning process.
- Understand and utilize Performance Monitor tool.
- Understand SQL query processing steps.
- Understand and utilize execution plans.
- Understand and utilize SET STATISTICS TIME and SET STATISTICS IO.
- Understand and utilize Data Access Operators.
- Understand and utilize DMVs.
- Understand and utilize Extended Events.
- Understand and utilize sessions.
- Understand how to troubleshooting queries.
- Understand how to configure a Management Data Warehouse and view reports.

# **Module 6: Understanding Indexes**

The entire concept of indexing is speedy retrieval. In this module we explain everything you need to know about creating, utilizing, managing, and monitoring indexes.

- Introduction to Indexes
- Index Types by Storage
- Index Types by Column Designation
- Creating and Altering Indexes
- Metadata
- Data Management Views for Indexing
- Database Engine Tuning Advisor
- Index Data Management Objects
- SQL Server Fragmentation
- Patterns
- Index Storage Strategies
- Indexed Views
- Monitoring Indexes
- Index Dynamic Management Objects (DMOs)
- Best Practices

# Lab: Understanding Indexes

- Create Indexes
- Index Metadata
- Database Tuning Advisor
- Missing Index DMOs
- Fragmentation and Page Splits
- Data Compression
- Indexed Views
- Doubleclick to insert next Lab
- Understand indexes and their importance.
- Understand index types.
- Create and alter indexes.
- · Understand and utilize index metadata.
- Understand and utilize Database Tuning Advisor.
- Understand and utilize Index Data Management Objects.
- Understand fragmentation of indexes and utilize page splits.
- Understand index storage strategies.
- · Understand and utilize indexed views.
- Understand monitoring indexes.
- Understand index best practices.

# **Module 7: Understanding Statistics**

Statistics are considered one of the most important aspects of SQL Server Performance Tuning. In this module we examine statistics and how to utilize them.

- Statistics
- Cardinality Estimator

- Incremental Statistics
- Computed Columns Statistics
- Filtered Statistics
- Maintenance

# Lab: Understanding Statistics

- Statistics Objects
- Histogram
- New vs Old Cardinality Estimator
- Incremental Statistics
- Computed Columns
- Filtered Statistics
- Ascending Keys
- Statistics Maintenance Plan
- Understand and utilize statistics objects.
- · Understand and utilize the histogram.
- Understand and utilize new vs old cardinality estimator.
- Understand and utilize incremental statistics.
- Understand and utilize computed columns.
- Understand and utilize filtered statistics.
- · Understand and utilize ascending keys.
- Understand and utilize statistics maintenance plan.

# **Module 8: In-Memory Database**

The most important new feature in SQL Server 2014 is the new In-Memory OLTP engine. In this module we will cover the architecture, restrictions, and other exciting features.

#### Lessons

- Architecture
- Tables and Indexes
- Natively Compiled Stored Procedures
- Restrictions
- Analyze Migrate Report Tool
- In-Memory Data Management Views (DMV)

# Lab: In-Memory Database

- ? Creating an In-Memory Enabled Database with Code and SSMS
- ? Creating a Memory-Optimized Table
- ? View Hash Index
- ? Natively Compiled Stored Procedure
- ? AMR Tool
- ? In-Memory DMVs

- Understand architecture.
- Understand and utilize tables and indexes.
- Understand and utilize the hash index.
- Understand and utilize natively compiled stored procedures.
- Understand restrictions.
- Understand and utilize the Analyze Migrate Report tool.
- · Understand and utilize in-memory data management views.

#### Module 9: SQL Profiler and SQL Trace

The SQL Server 2014 Profiler is essentially the same as the SQL Server 2012 Profiler. This is not surprising because many new features that were added in SQL Server 2005 and SQL Server 2008 addressed gaps identified in previous versions. In this module, we cover both SQL Profiler and SQL Trace.

#### Lessons

- SQL Trace
- SQL Trace Architecture
- SQL Server Profiler

#### Lab: SQL Profiler and SQL Trace

- ? SQL Trace Default Template
- ? SQL Profiler Tuning Template
- ? Create a Template for Slow Running Queries
- ? Identifying Long Running Queries
- ? Using Profiler to Detect Deadlocks
- ? Use Profiler to Detect a Blocked Process
- Understand and utilize the SQL Trace Default template.
- Understand and utilize the SQL Profiler Tuning template.
- Create and utilize a template for slow running gueries.
- Understand and identify long running queries.

#### Module 10: Query Issues and Hints

In this module, we will examine query issues, how to identify them, and how to resolve them. We'll also cover query hints, plan guides, and explore plan freezing.

- Query Hints
- Plan Guides
- Plan Freezing
- Join Orders

# Lab: Query Issues and Hints

- Create and Test a Plan Guide
- Allow SQL Profiler to Help Create a Plan
- Plan Freezing
- Understand and utilize query hints.
- Create and test a plan guide.
- Allow SQL Profiler to help create a plan.
- Understand and utilize plan freezing.